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| Stage 1 – Desired Results | |
| **Established Goals:**– *Illinois State Goal 19* - All Students will acquire movement skills and understand concepts to engage in healthy, safe football games and activities.  *21 –* All students will be able to develop team-building skills by working with others through physical activity. | |
| **Understandings:**  *Students will understand….*   * The basic rules and positions of the game of football. * The proper mechanics of throwing a football. * The proper techniques of catching a football. | **Essential Questions:**   * Explain to me the basic rules of football. * Demonstrate how to appropriately throw and catch and football and WHY is it done that way? * Where do plays in football start and begin? * What professional football team(s) are located in or around Chicago? |
| ***Students will know***   * How the game of football is to be played. * The physics and the “why” a football is to be thrown with the mechanics taught in class. * How to line up along the line of scrimmage prior to a play and how to prevent penalties. | ***Students will be able to***   * Throw and catch a football using the appropriate mechanics taught in class. * Organize their own individual football games through their understanding of the game * Watch football on television and have an understanding of what is going on throughout the game. |
| Stage 2 – Assessment Evidence | |
| **Performance Tasks:**   * Through group practice time during class students will participate in throwing and catching the football throughout the classroom area (gym/outside) that is to be assessed through teacher observation and peer evaluation. * Students will show that they know the rules of football through post-lesson verbal formative assessment. | **Other Evidence:**   * Verbal Formative Assessment * Mid-term Written Exam * Skills Assessment (Checklist) * 1-page Essay |
| Stage 3 – Learning Plan | |
| **Learning Activities:**   * Introduce the Essential Questions for the unit and offer the students a brief outline of what to expect throughout the unit including activities and final expectations. * Students will participate in a discussion panel that includes the teacher so that the students can share the rules of football that they are aware of and the teacher can add necessary information/rules if needed. * Address the students prior knowledge about the game and connect football to other activities or concepts that draw in the students’ interests * Through guided practice, students will have opportunities to explore their own ways of throwing and catching the football while explaining their thought process behind the task. * During guided practice and group practice, students will be offered suggestions by the teacher of how to modify their throwing and catching styles that may or may not include concepts of interdisciplinary learning such as the inclusion of physics in the lesson. * Students will participate in daily mini-contests and culminating games in order to personally assess their progress through skill development. * Students will write a one-page paper near the end of the unit showing how much they understand about the game of football. * On the last day of the unit students will participate in organized games while the teacher observes the students’ understanding in the psychomotor and cognitive domains while closing with an introduction to the next unit to be covered. | |